

## St. Matthew's Extracurricular Program Girls' Volleyball 2018

Dear Athletes and Parents,

The 2018 Volleyball season is upon us. **Girls in Grade 5, 6 & 7** may sign up for Volleyball. **The permission slip below must be returned before you can begin practicing with your team.** The coaches and staff of St. Matthew's encourage students to come out and give this fun, but challenging sport a try.

**SCHOOL WORK:** To be involved in this extracurricular sport requires excellent time management. Students must use their classroom time as well as their time at home to complete all school work. Athletes not able to complete their school work may be suspended from participation with their team until improvements are shown in their academics.

**PRACTICE ATTENDANCE:** In order for you to be a member of any team, you must be able to attend most practices.

Grade 5 Practices: Monday 7:45 - 8:35 am

Thursday 2:50- 4:15 pm

Grade 6 Practices: Monday 2:50- 4:15 pm

Thursday 7:45 - 8:35 am

Grade 7 Practices: Tuesday 7:45 - 8:35 am

Wednesday 2:50- 4:15 pm

Friday 2:50- 4:15 pm

Serving practice will be available for all players Tuesday and Wednesday at lunch recess.

Parents, please be on time to pick up your child. Once the games schedule has been drawn up, minor changes to the schedule may need to be made.

**TRANSPORTATION and GAMES:** All coaches are giving up their time to be involved in extracurricular athletics. Their responsibilities include coaching your child during all practices and games. Please assist the coaches by being on time to pick up your child or planning ahead with another parent regarding how your child will get home.

**Games for the Girls teams will take place from the middle of September to the end of October,** and they will play against the other Catholic Schools in our zone participating in volleyball(Star of the Sea, St. Catherine's, and Cloverdale Catholic), as well as any exhibition games that can be arranged against other schools.

**Away Games:** We will require parent drivers to transfer our athletes to away games. We encourage all parents to share in the driving duty as much as possible. If you need another parent to drive your child to an away game, it is only fair that you try to arrange driving for another game. The more drivers we have means less work and more fun. Students will be leaving St. Matthew's at 2:30 for away games. If parents are planning to pull their younger children out of school at this time in order to help drive, communication with that child's teacher must be made ahead of time – showing up at the classroom door at 2:25 is not reasonable.

**Fall Athletic Sports FEE:** The Fall athletic fee will be a \$10.00 per student (\$20 max. for families with 3 or more children in Fall athletics). If you are also participating in Cross County, there is only one Fall fee. This money goes towards registration and administrative fees of tournaments and meets, as well as the purchase of athletic equipment and team uniforms.

**SPORTS NEWSLETTERS and REMIND APP:** For up to the minute volleyball information, we encourage families to sign up for the **REMIND APP**, which is easy to do: **for girls volleyball, text** the message **@c7dea** to the number **(778) 654-5548**. The **SPORTS NEWSLETTER** will be published on the school Web Site **EACH WEEKEND**, providing important information about the upcoming events as well as results from past games.

### **COACHING STAFF:**

**Grade 5** (Juvenile Girls)

Mrs. Do Carmo (Gr. 4 teacher)

Mrs. Dias (EA)

**Grade 6** (Junior Girls)

Ms. Haughian (Gr.2 Teacher)

**Grade 7** (Senior Girls)

Mrs. Bauchop (Parent coach)

Ms. Sarangelo (Gr. 1 Teacher)

Please fill out the following contract and return to your coach, Mr. Durante, or the office!

## ST. MATTHEW'S 2018 VOLLEYBALL CONTRACT

Dear Athletes and Parents,

In order for you to participate on our team, you must return the following contract. **Please make sure you understand each point before ticking inside the brackets and signing the contract at the bottom of the page.** You will be held responsible for each point discussed below. If you have any concerns about the contract, please do not hesitate to contact Mr. Durante at the school (604-589-7545) or email at [durante@stmatthewselementary.ca](mailto:durante@stmatthewselementary.ca)

Athlete Name: \_\_\_\_\_

Grade: \_\_\_\_\_

**I understand that school work comes before athletics.** I will use my time wisely and have all assignments handed in on time. If I cannot cope with school work and the demands of an after school sport, I may be dismissed from the team.

Having the opportunity to be on a St. Matthew's extracurricular team is a privilege, not a right. If my behavior as a St. Matthew's student fails to meet the expectations of our school philosophy, I may be dismissed from the team.

I will look at the posted **Sports Newsletter** or I will view it on the school web site, or sign up for REMIND APP. I will then make plans to be prepared for my practices and games.

When at practice I will listen to all instructions and practice to the best of my ability.

I will care for my **team uniform** and wear it to all competitions so spectators and organizers will know I am a St. Matthew's athlete (and proud of it!).

I realize that if my parents cannot pick me up after practices and games, I will have to car pool with another team member. If this does not work out, I may be dismissed from the team or miss the game.

**Player Signature:** \_\_\_\_\_

**Parent Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

Parent phone Best contact number(s): \_\_\_\_\_

**Yes, I have included the FALL ATHLETIC FEE of \$10 with this consent form**

or  I already sent it with my Cross Country consent form

Yes, I have signed up for the **REMIND** App (Text the message @c7dea to the number (778) 654-5548)

Volunteer Help:

Yes,  **I (parent), or**  **(older child in High School) is able to referee home games.**

**Name of this volunteer:** \_\_\_\_\_