

St. Matthew's Sports Newsletter #5

Monday, October 8th

Cross Country News: Congratulations to the Cross Country team on a great season!! Our season came to an end with the final CISVA Cross Country Championship Meet at Swangard Stadium on Wednesday. The team came in 22nd place out of the 34 Catholic Elementary Schools who attended the meet. A special congratulation to Max in Grade 3 who finished 3rd overall in his age category and received a Bronze Medal! Also, congratulations to the Grade 7 boys who achieved the lowest team score in our school!

Volleyball Games: All of the Girls' Volleyball teams participated in a friendly game at OLGC School this week. For the Grade 5 and 6 girls, it was their first opportunity to play games this year. There are several home games this week, so the volleyball practice schedule has some omissions this week.

Weekly Schedule ---- October 8th to 12th

Divisions:

Volleyball

Juvenile (Juv.) = Grade 5

Junior (Jr.) = Grade 6

Senior (Sr.) = Grade 7

	Monday 1 st	Tuesday 2 nd	Wednesday 3 rd	Thursday 4 th	Friday 5 th
Morning 7:45 am (unless noted)	No School Today Thanksgiving Holiday	Gr. 7 Girls (Sr.) Volleyball practice	Gr. 5 & 6 Girls Volleyball practice	Gr. 5 & 6 Girls Volleyball practice	
Lunch 12:05- 12:35		Volleyball Serving Practice for Girls	Boys Volleyball practice		10:30 depart Grade 7 Girls Volleyball Tournament at OLGC
Afternoon 2:50 - 4:15 (unless noted)		HOME GAME - Grade 7 Girls vs. Star of the Sea. There are 2 games today as Star has an A and B team. A Team will play first. 3:10 - 4:45 pm	Grade 5 Girls AWAY GAME @ Cloverdale Catholic. Leave 2:30 pm- Game time approx. 3:10 - 3:50 pm Gr. 7 Girls (Sr.) Volleyball practice	HOME GAME - Grade 6 Girls vs. Cloverdale Catholic. Game time approx. 3:10 - 3:50 pm	Boys Volleyball practice

Upcoming Events:

Tues.	Oct. 9	Gr. 7 Girls Volleyball Game vs. Star of the Sea (2 games – A & B teams)
Wed.	Oct. 10	Gr. 5 Girls Volleyball Game @ Clov. Cath. (CCS)
Thurs.	Oct. 11	Gr. 6 Girls Volleyball Game vs. Clov. Cath. (CCS)
Fri.	Oct. 12	Gr. 7 Girls Volleyball Tournament @ OLGC – approx. time 11:00-5:00