Hi Boys and Girls,

I hope you and your families are doing well during such unpredictable times. During the past week, I have been conferencing with St. Matthew's staff, as well as P.E. specialists in other Catholic schools to make sure that you will by staying active and learning about health at home. I will be sending out workout videos, activity ideas, and health assignments through Google Classroom (Grades 4-7) and Seesaw (Grades Kindergarten - 3). Nothing I send out should be too stressful or overwhelm for you. Just do your best, as well as have a good attitude and effort. Teaching and learning from home will be new for all of us. We are in this together, and everyone will be stronger when we get through this.

Stay Healthy and God Bless,

Mr. Durante

<u>Grade 4-7 Students</u>: I will be sending you information through your Google Classroom set up by your classroom teacher.

-Check in for your home workouts and activities starting Tuesday after Easter.

<u>Kindergarten</u> - I will be sending you information through your Classroom Seesaw account that your teacher has set up.

-Check in for your home workouts and activities starting Tuesday after Easter.

<u>Grade 1 to 3</u>: I have setup 3 classrooms through the Seesaw app: PHE Grade 1, PHE Grade 2, PHE Grade 3 and instructions to join this class were sent home to you inside the bags of supplies you will be picking up on Tuesday and Wednesday this week.

-Check in for your home workouts and activities starting Tuesday after Easter.

Things may change in the way that I send out information as the days go on, but we will start with this system.