

St. Matthew's Sports Newsletter #6

Monday, October 9th

Cross Country - The Cross Country Season has now come to an end with the completion of the CISVA Cross Country Championships at Central Park on Wednesday. There were 32 Schools involved, creating a fantastic competition between all of the competitors. I congratulate all of you who competed- I know you all worked towards competing to the best of your abilities. We congratulate the following top 20 finishers (out of at least 100 athletes per race): Juliet (Gr. 4) 18th, James (Gr. 6) 17th, Aradesa (Gr. 7) 12th, Athisayah (Gr. 3) 10th, Jasmine (Gr. 5) 8th, Kris-Maris (Gr. 5) 7th, Ify (Gr. 3) 1st, Aria (Gr. 6) 1st

I am so sorry that some athletes missed their races. The route and location was a completely new location, so the meet ran a bit ahead of schedule as well as being a challenge to find parking. I am more aware of what to expect if the event takes place in the same location next year.

Volleyball - All of the girls' teams now have one game experience. By the end of this week, they will all have played their first league game of the season. The Grade 7 girls will also be competing at the OLG C Tournament on Friday. Good luck to all of the girls!!

The boys will begin playing games next week.

TEAM = Together Everyone Achieves More

Weekly Schedule ---- October 9th to 13th

	Monday 9 th	Tuesday 10 th	Wednesday 11 th	Thursday 12 th	Friday 13 th
Morning 7:45 am (unless noted)	Thanksgiving Day No School	Gr. 7 Girls Volleyball practice	Gr. 6 & 7 Boys Volleyball practice	Gr. 6 & 7 Boys Volleyball practice	Gr. 5 Girls Volleyball practice Gr. 7 Girls AWAY @ OLG C Tournament
Lunch 12:05-12:35		Grade 6 Girls volleyball Practice			Gr. 5 Boys Volleyball practice
Afternoon 2:50 - 4:15 (unless noted)		Gr. 5 Boys Volleyball practice	1. Gr. 7 Girls AWAY @ St. Catherine's (be in car by 2:20) 2. Gr. 5 Girls AWAY @ Cloverdale Cath (be in cars by 2:30) 3. Gr. 6 Girls HOME vs. Cloverdale Cath	Gr. 6 Girls Volleyball practice	

Volleyball Divisions:

Juvenile (Juv.) = Grade 5

Junior (Jr.) = Grade 6

Senior (Sr.) = Grade 7

Upcoming Events:

Mon. Oct. 16	Gr. 7 Girls	Home vs Star of the Sea "A" & "B"(1st game at 3:10)
Tues. Oct. 17	Gr. 6 Boys	Home vs IC Delta
Wed. Oct. 18	Gr. 6 Girls	Away @ Star of Sea (2 games - leave SMES 2:00PM)
Thur. Oct. 19	Gr. 5 Girls	Away @ St. Catherine's
Thur. Oct. 19	Gr. 7 Boys	Home vs IC Delta