

St. Matthew's Sports Newsletter #18

Monday, January 15th

Basketball - Games begin next week with ALL teams in action. We wish all of our teams good luck in their result, but every game will have a winner and a loser. A reminder to players, coaches, and parents: we cannot control how the other team plays, how our own teammates play, how the coaches coach, how the referee referees; we can only control ourselves and how we react to the situation. I expect everyone in St. Matthew's athletics to appreciate the fact that we are able to play basketball and always focus on the positives and not on the negatives. Winning should not be the main focus at this level of basketball, but rather being able to play the game, develop skills, and being with our friends and classmates. Good luck to all of our players and let's have a great season!!

Reminder: During games, the only adults who are to be at or around the team bench are the ones who are officially coaching the team and who have signed the official coaching document that I have sent to the CISVA Athletic Commission. All other parents should be sitting/standing in the designated areas for viewing (these are different at each school). Please do not 'coach' as a spectator of the game - especially other children than your own.

TEAM = Together Everyone Achieves More

Weekly Schedule ---- January 15th to January 19th

	Monday 15 th	Tuesday 16 th	Wednesday 17 th	Thursday 18 th	Friday 19 th
Morning 7:45 am (unless noted)		Gr. 5 Girls Practice	Gr. 6 Boys practice	Gr.5 Girls practice Gr. 6 Girls practice	Gr. 5 Boys practice Gr. 6 Boys AWAY Tourney @ St. John Paul II (arrive by 9:45 am)
Lunch 12:05-12:35					
Afternoon 2:50 – 4:15 (unless noted)	1. Gr. 6 Boys AWAY GAME @ St. Catherine's (leave 2:30 pm) 2. Gr. 6 Girls AWAY GAME @ St. Catherine's (leave 3:00 pm) 3. Gr. 7 Boys practice	Gr. 7 Boys HOME GAME vs Star of Sea "A"(start about 3:10 pm)	1. Gr. 5 Girls HOME GAME vs Star of Sea (start about 3:10 pm) 2. Gr. 5 Boys HOME GAME vs Star of Sea (start about 4:00 pm)	Gr. 7 Boys practice	Gym not available

Volleyball Divisions:

Juvenile (Juv.) = Grade 5

Junior (Jr.) = Grade 6

Senior (Sr.) = Grade 7

Upcoming Events:

Monday Jan. 22	Grade 7 Boys	HOME vs. Cloverdale Catholic	
Wednesday Jan. 24	Grade 6 Girls	HOME vs. Star of Sea	[play 1st game]
Wednesday Jan. 24	Grade 6 Boys	HOME vs. Star of Sea "Blue"	[play 2nd game]
Friday Jan. 26	Grade 7 Boys	AWAY @ OLCG Tournament	[approx. 10am to 4pm]
Friday Jan. 26	Grade 5 Boys	AWAY @ St. Catherine's	[play 1st game]
Friday Jan. 26	Grade 5 Girls	AWAY @ St. Catherine's	[play 2nd game]
Friday Jan. 26	Grade 6 Girls	AWAY @ John Paul II Tournament	[approx. 10am to 4pm]