

# St. Matthew's Sports Newsletter #34

## Monday, June 3<sup>rd</sup>

**DAY #1 CISVA Wednesday at Swangard Stadium in Burnaby**

**All schedules, parking information, notes have been sent out and shared on the Remind App. Please check this app for information.**

**Just fine tuning practices for all teams at the running and field practices. Again, I hope everyone is healthy and well, and should be at all scheduled practices if they are going to the CISVA Meet.**

### Weekly Schedule ---- June 3<sup>rd</sup> to June 7<sup>th</sup>

	Monday 3 <sup>rd</sup>	Tuesday 4 <sup>th</sup>	Wednesday 5 <sup>th</sup>	Thursday 6 <sup>th</sup>	Friday 7 <sup>th</sup>
Morning 7:50 am (unless noted)			<b>CISVA TRACK MEET DAY#1</b> All day. Schedules have been handed out and are on Remind App		<b>PRO-D NO SCHOOL</b>
Lunch 12:05-12:35		select relay team practice			
Afternoon 2:50 - 4:30 (unless noted)	<b>Long Jump (LJ) @ Frost Road Elementary 3:00-3:45 pm Shot Put/Discus Practice @ St. Matthew's to 3:45pm</b>	<b>Running Track Practice @ Holy Cross Track (Grades 3-7) ends at 4:00pm</b>			

**Track Divisions:**

- 9 Year Olds = Grade 3
- 10 Year Olds = Grade 4
- 11 Year Olds = Grade 5
- 12 Year Olds = Grade 6
- 13 Year Olds = Grade 7

**Upcoming Events:**

Wednesday June 12th                      Day#2 CISVA